**Assessment Day Cheatsheet**

**To succeed at your assessment day you need capability and confidence in the following areas:**

**Check out our free guides & tick them off as you progress. (Click the links below to go straight to the relevant guide.)**

* [**What to expect at your assessment day**](https://www.assessmentcentrehq.com/assessment-centre-introduction/)
* [**How to prepare for your assessment day**](https://www.assessmentcentrehq.com/how-to-prepare-for-an-interview/)
* [**Group exercises**](https://www.assessmentcentrehq.com/assessment-centre-activities/group-exercise-tips-and-advice/)
* [**Role-plays**](https://www.assessmentcentrehq.com/assessment-centre-activities/role-plays-the-ultimate-guide/)
* [**Presentations**](https://www.assessmentcentrehq.com/assessment-centre-exercises/giving-a-presentation/)
* [**In-tray exercises**](https://www.assessmentcentrehq.com/assessment-centre-exercises/in-tray-exercise/) **/** [**E-tray exercises**](https://www.assessmentcentrehq.com/assessment-centre-exercises/e-tray-exercise/)
* [**Interviews**](http://www.assessmentcentrehq.com/interviews-the-ultimate-guide/)
* [**Aptitude tests**](http://www.assessmentcentrehq.com/psychometric-tests/) **/** [**Logical reasoning tests**](https://www.assessmentcentrehq.com/logical-reasoning-test/)
* [**Numerical reasoning tests**](http://www.assessmentcentrehq.com/numerical-reasoning-practice-test/)
* [**Verbal reasoning tests**](http://www.assessmentcentrehq.com/psychometric-tests/verbal-reasoning/)
* [**Social etiquette: How to behave at an assessment day**](http://www.assessmentcentrehq.com/personal_and_wellbeing/social-etiquette/)

* **[How to deal with assessment day nerves & anxiety](http://www.assessmentcentrehq.com/personal_and_wellbeing/interview-nerves/)**

**I hope you find this cheatsheet useful. It’s a great roadmap to follow.**

**Good luck and speak soon!**

**Mike Kennedy**



PS: If the above links don’t work for you go to this page (where I promise they’ll work!) [www.assessmentcentrehq.com/cheatsheet](http://www.assessmentcentrehq.com/cheatsheet)